

SULLY'S BOXING GYM · EST 1943

DIGITAL PERFORMANCE PLATFORM

Member & Family User Guide

For members, parents / guardians, and new joiners

Version 1.1 · August 2026 · AAA pack

Web & system development by Quiet Agency · quietagency.co

Boxing is the engine. People are the purpose. Character is the legacy.

1. Welcome

This guide helps you use Sully's digital platform: join the gym, sign your waiver, open member home, book or waitlist classes, check in with your phone QR, manage family youth accounts, and track your Boxing Passport.

Demo logins (local/seed): member@sullys.local or parent@sullys.local · password password123

2. Quick start — Join

Path: /join

- Create your account (name, email, password).
- Read and sign the liability waiver (typed legal name).
- Choose a plan (e.g. Monthly Unlimited or Trial).
- Complete payment (mock checkout in demo, or Stripe when live).
- Open the member portal and book your first class.

You cannot issue a check-in QR until your waiver is signed. Parents must sign youth waivers before a child QR can be issued.

3. Sign in & password reset

Paths: /app/login · /app/forgot-password · /app/reset-password

- Sign in with the email you registered — you land on Member Home (/app).
- Forgot password? Use Forgot password, enter your email, then open the reset link.
- Demo note: the reset link also appears on screen (and in the API console) when not in production.
- From Profile (/app/profile) open Passport, Billing, Waiver, Nutrition, Attendance, and Family.
- Use Log out when finished on a shared device.

4. Member home

Path: /app

- See your next class, membership status, and waiver status at a glance.
- Open your digital card for desk check-in.
- Tap Book a class to grab or waitlist a session.

On your phone: use the browser menu ! Add to Home Screen for an installable Sully's portal icon (PWA).

5. Liability waiver

Path: /app/waiver

- Review any required packets and sign with your full legal name.
 - Download a PDF copy of a signed waiver for your records.
 - Parents: sign youth waivers from /app/family (guardian signature).
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6. Digital card & check-in QR

Path: /app/card

- Open your digital card before you arrive at the desk.
- Show the rotating QR to the front desk scanner (or camera).
- QR codes expire about every 60 seconds — leave the page open so it refreshes.
- If QR is blocked, complete your waiver (and active membership) first.

Tip: Brightness up on your phone. Hold steady 6–12 inches from the scanner.

7. Book classes, waitlist & calendar

Paths: /app/book · /app/calendar

- Use the week strip to pick a day; each card shows coach, capacity, and your booked/waitlisted state.
- Book an open class, or Join waitlist when the room is full.
- Cancel in-policy from the same card — if you had a confirmed spot, the next waitlisted member is promoted.
- Parents can book for a linked child from Family tools.
- Today's schedule lives at /app/calendar; home is always /app.

8. Family / youth (parents)

Path: /app/family

- View linked children (desk can link a child to your parent email).
- Sign the youth waiver as guardian.
- Issue a temporary child check-in QR for the desk.
- Book classes for your child when available.

9. Billing

Path: /app/billing

- Review membership and payment history.
- Buy or renew a plan via /join.
- When Stripe is live, open the Customer Portal to update cards (after at least one live checkout).

10. Coaches, Passport, Legacy & nutrition

- Meet coaches on the public site: /coaches.
- Passport (/app/passport) — your progression story and milestones.
- Legacy Wall (/legacy) — Sully's history and culture.
- Nutrition (/app/nutrition) — profile and meal plan info when assigned.
- Attendance (/app/attendance) — your check-in history.

11. Visit & contact

- Address: 1554 Dundas St W (lower level), Toronto, ON M6H 1Z6
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- Hours: Mon–Fri 7:30 AM–9:00 PM · Sat 12–5 PM
- Phone: (416) 805-8108 · info@sullysboxinggym.com
- Website visit page: </contact>

12. Troubleshooting

- Can't get a QR? Sign waiver at </app/waiver>.
- Check-in failed at desk? Ask staff — they can override with a reason when appropriate.
- Payment pending? Refresh </join/success> or check </app/billing>.
- Forgot password? Use </app/forgot-password> (or ask the desk if email delivery is not configured).
- Empty schedule with an error message? Retry or check your connection — the app will not pretend classes exist when the feed fails.

Questions about programs or culture: ask a coach, or email info@sullysboxinggym.com.

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